

# **LENT CALENDAR 2013**

Journey through Lent with psalms for reflection



Read the psalm on a Sunday, reflect on the verse for each day. The psalm (*The Message* version) and a prayer for each week can be downloaded from www.rootsontheweb.com

#### Ash Wednesday PSALM 99

Strong king, lover of Justice, you laid things out fair and square.



Fri 15 Feb God rules. On your toes everybody!

Sat 16 Feb Holy is God. our God.

Sun 17 Feb LENT 1 PSALM 91

A song for protection

Mon 18 Feb Sav, 'God vou're my refuge'.

Tues 19 Feb God's angels will guard you.

#### Fri 8 March

Because God stands up for me. I'm free to run and play.



Sun 10 March LENT 4 PSALM 32

A song of forgiveness

#### Mon 11 March A fresh start.

Your slate is wiped clean.

#### Tues 12 March

God holds nothing against you, and you hold nothing back from him. Weds 13 March

Tell God your failings and the pressure will go.

Weds 20 Feb

God's angels will catch you when you fall.

Thurs 21 Feb

Fri 22 Feb

Call God and

he will answer.

## Thurs 7 March

If I'm sleepless at night, I spend the hours in reflection.

#### Palm Sunday PSALM 31 song in desperation

Mon 25 March

I'm in deep. deep trouble again.

Tues 26 March I've cried my eyes out. Weds 27 March

My friends try to avoid me.

### Thurs 14 March

When the dam bursts we'll be on high ground.

Know and trust God and he will care for you.

### Weds 6 March

In your generous love I am really living Sat 23 March

Those with heavy hearts will come home laughing.

#### Maundy Thursday They want to blot me from memory.

Fri 15 March God-affirmers find themselves loved.

# Tues 5 March

I bless you every time I take a breath. **Easter Day** 

Fri 22 March 31 March And now God, **PSALM 118** And now I'm telling the do it again.

Holy Saturday Save me because vou love me.

**Good Friday** 

You are my God. I throw myself on you.

Sat 16 March Celebrate God.

Sing together.

Sat 23 Feb I'll give you a long life.

#### Mon 4 March God, you are my God

Thurs 21 March We are one happy people.

Weds 20 March God was wonderful to us.

world what God did!

Tues 19 March We couldn't believe our

good fortune.

Mon 18 March When the exiles returned, it seemed

too good to be true.

Sun 17 March LENT 5 PSALM 126 A song of joy

Sun 24 Feb LENT 2 PSALM 27

A song of confidence

Sun 3 March LENT 3 **PSALM 63.1-8**  Sat 2 March

God, direct me along a well-lighted street.

Thurs 28 Feb God holds me above all who try to pull me down.

Weds 27 Feb When all hell breaks loose.

Tues 26 Feb The bullies will fall flat on their faces.

Mon 25 Feb Stay with God Don't quit.

A song of comfort

Now I'll see God's goodness in all the earth.

Fri 1 March

be collected and cool.